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Pron	nın	cia	t10	nr:

Sequence:

ILBD # 9 -	2002
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Rhythm: 7/8 meter S Q Q

Formation: Mixed open circle, leader at R end, LOD to R. The hands are joined in W-pos.

<u>Meas</u>	<u>Pattern</u>
10 meas	INTRODUCTION
	FIGURE I
1	Facing LOD, low leap fwd onto R (ct 1); step fwd on L (ct &); step fwd on R (ct 2); step fwd on L (ct 3).
2-3	Repeat meas 1.
4	Facing LOD, lift on L (ct 1); step bkwd on R (ct &); lift on R (ct 2); step bkwd on L (ct 3).
5	Low leap bkwd onto R, slightly bending body fwd (ct 1); step fwd on L, straightening body (ct &); facing ctr, step on R to R (ct 2); step on L behind R (ct 3).
6	Facing ctr, lift on L (ct 1); low leap on R to R side (ct &); step on L across in front of R (ct 2); step on R behind L (ct 3).
7	Repeat meas 6 with opp ftwk.
8	Facing ctr, lift on L (ct 1); low leap on R to R side (ct &); touch L toes fwd with straight knee (ct 2); hold (ct 3).
9	Lift on R (ct 1); step bkwd on L (ct &); step on R in place while turning to face LOD (ct 2); step fwd on L to R (ct 3).
	FIGURE II
1-8	Repeat Fig I, meas 1-8.
9	Turning CCW to end facing LOD, hop on R in place (ct 1); low leap onto L in place (ct &); step on R in place (ct 2); step on L in place (ct 3).

Presented by Iliana Bozhanova and Lyuben Dossev

Fig I followed by Fig II. Repeat this sequence 6 times.